

# APRIL 2019

# foundry church

a heart for Bend  
in the heart of Bend

## New Life



by Trevor Waybright

As I'm writing this article it is snowing...again. It may be snowing, but we know that spring is on the way! The temperatures are slowly rising, the day's are longer, and there are signs of life everywhere. The birds are out in force, the trees will be budding soon, and the grass is greening up. Spring is amazing because of all the new life. Everything that was dormant is springing to life again. Seeds that have fallen into the ground and died will sprout up into new plants that will grow and bloom. It is an awesome time of the year because of the new life. This brings us to our study of the book of John. It has been a fun journey so far. We have dealt with John the Baptist, Nicodemus, the Samaritan woman, and the disciples. We have seen glimpses of how Jesus deals with the hearts and minds of those around him by going past the facades and going straight at their souls. John does a masterful job at telling us the Jesus story from a unique perspective, but he has a clear purpose. He's not just recalling really cool stories so he can pass them along to future generations. His book would've been much

longer if that were the case. He says in John 21:25, "Jesus did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written." That wasn't his purpose. His purpose is stated the chapter before. He is just finishing up the resurrection story in John 20, and after he recalls the story of Thomas and his doubts being alleviated by the physical presence of the risen Jesus, he says this in John 20:30-31, "*Jesus performed many other signs in the presence of his disciples, which are not recorded in this book. But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.*" The reason that John wrote his recollections of Jesus was so that we may believe and have new life in his name. Just as the new life springs forth this time of year, we have new life in Christ. So as spring arrives, let's allow the beauty of the life coming back to remind us of the new life that we've been given through our Lord and Savior, Jesus Christ.

## church info

60 NW Oregon  
Bend, OR 97703  
(541) 382-3862  
info@foundrybend.org  
www.foundrybend.org

## at a glance

- 01 ■ elder meeting, 4:30pm
- 06 ■ adoption potluck, 5pm
- 07 ■ food pantry sunday
- 10 ■ missions meetings
- 13 ■ men's breakfast
- 15 ■ elder meeting, 4:30pm
- 19 ■ good friday service, 6pm
- 21 ■ easter sunday
- 27 ■ anderson's 50th anniversary celebration, 2pm
- 28 ■ gerold barrett 100th birthday celebration
- 29 ■ elder meeting, 4:30pm

## birthdays

- 01 ■ John Asmussen
- 01 ■ Doug Barram
- 01 ■ Joyce Gann
- 02 ■ Tawnya Meyer
- 07 ■ Ed Neff
- 07 ■ Loretta Powell
- 12 ■ Howard Winegarden
- 12 ■ Mike Munsterman
- 15 ■ Tracy Sampson
- 18 ■ Sylvia Schliep
- 23 ■ John Swanson
- 24 ■ Joel Meyer
- 24 ■ Ron Wilson
- 26 ■ Mick Tye
- 27 ■ Rick Arnold
- 28 ■ Sandy Hockersmith
- 29 ■ Paul Strauser

If you would like to be added to our Birthday List, please email Joy, joy@foundrybend.org.

# foundry church events



## Adoption Potluck, April 6th

Our monthly adoption potluck will be on Saturday, April 6th at 5pm in the Fellowship Hall. Please RSVP Sara, [evans\\_sara@yahoo.com](mailto:evans_sara@yahoo.com) or 541-647-4718.



## Men's Breakfast, April 13th

Our monthly men's breakfast will be on April 13th. Join us at 7:30am in the Fellowship Hall and enjoy some great food and fellowship. Contact Austin Evans for more info, 541-647-4717.



## Easter Choir Rehearsals, April 7 & 14

If you are interested in joining the Easter Choir, we will be having rehearsals on April 7th and April 14th at 3:00pm in the choir room downstairs.



## Good Friday Service, April 19th

We will be having our Good Friday Service at 6pm on April 19th. Join us as we reflect on what Christ did for us on the Cross.



## Anderson's 50th Anniversary Celebration, April 27th

All are invited to the 50th Anniversary celebration for Mark and Lois Anderson on Saturday, April 27th at 2:00pm in the Fellowship Hall. If you would like to send a greeting or a memory that can be added to their memory book, please email to [michelleomar@gmail.com](mailto:michelleomar@gmail.com)



## Gerold Barretts 100th Birthday Celebration, April 28th

We will be celebrating Gerry's 100th birthday with a potluck on April 28th after church. If you would like to help celebrate with us, please sign up at the Information Table in the foyer.

## seniors onthego

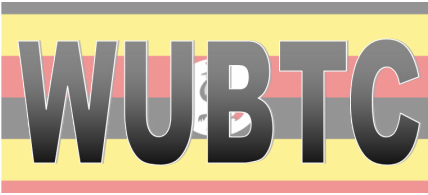
- April 07 Double Happiness
- April 14 Applebee's
- April 21 Jake's Diner
- April 28 Gerold Barret Bday Potluck

## COMING EVENTS:

**May 21-24, Malheur Trip** in the Steens Mt. Wilderness. Sign up at the Information Center by May 12th.

**July 30-Aug 2, Leavenworth trip**, Shows this year: *Hello, Dolly!*, *Sound of Music*, *Pirates of Penzance*. Cost is \$35/person/show. Sign up at the Information Center by June 2nd. For more information for the above events,

## global missions



### Uganda Bible College Update:

After several meetings and discussions in the past few weeks, Timothy, the Principal of Western Uganda Baptist Theological College has resigned. He needed time to work on some family issues. Those of us who met Timothy know that he will be missed. Please pray for Timothy and Solange and their family. Pray also that the College will find a qualified Principal.

Pray also for the students who are starting their second year of studies and 12-15 new students who have just arrived at the College. Pray for Skip and Ruth Sorenson (current World Venture missionaries in Uganda) as they visit the College to teach Bible Study Methods and be an encouragement.

### Footnote from Darrie Turner:

The College is struggling. But everything struggles in Africa. Things have been hard and they may get harder, but in all of this students are being trained for ministry. It is valuable training! And the students

are having an impact back in their own places.

Pastoral training is still the greatest need in Africa. There are few places that will take people who want to be trained but do not have a high school education. WUBTC is one of those few places. A Report from a friend who works up in the West Nile District.

"It has been a hard year. 2 leaders have died within the Baptist movement in



that area. (One death was a blessing and I will just leave it at that). The surprising thing is that one of your students who had been trained a few years back has stepped "up the plate" and is delivering. He only had a 6th grade education and did not read or write English when he went to WUBTC. When he left he could read and write and became a stable, solid leader. He is now translating study notes into his mother tongue so that others in his area can be trained."

It is a small struggling school, but it is doing a good work. Prayer for the Staff, Students, and for Timothy the old principle and for a new principle...



*Colombia Grace  
Foundation*

Abundantly blessed! These last 2 months we have definitely been abundantly blessed with lots of new lives on the farm. We opened Philipi House in January and as of the end of March we will be full. Philipi house has 8 kids ranging in age from 4-12. Everyone is doing well adjusting, learning to work together as a family with their house parents. In school teacher Katie, who is teaching the younger kids, is working on filling in the educational gaps. We have definitely been blessed beyond measure and continue trusting that the Lord will indeed give us all we need for this thriving ministry. We are now praying about what God has next. With the addition of two more at the end of the month we will be serving 16 boys. Please pray with us as we seek Gods will regarding the expansion of this part of the ministry.



## latvia trip



Trevor and Joy Waybright will be traveling to Latvia to visit our mission partners. They leave on May 29th and return on June 12th. During their travels they will visit Madona and work at Eagles Wings Camp, visit Sigulda and Vangazi, and meet with the staff of Bridge Builders International (BBI) in Riga.

A portion of their trip costs are covered with Faith Promise funds. (Thank you to everyone who helps support Faith Promise). If you would like to help Trevor and Joy in their personal fund raising you may make a check out to Foundry Church with a note that it is for "Latvia Trips".



## health ministry

by Sally Rhyner

Some changes are in the works for our Health Ministry. Most members of this ministry have been serving for the last sixteen years. It is nearing time for the baton to be passed to those with newer, different experiences, greater energy, and an interest in accepting the honor of meeting the challenges of serving a diversified congregation. Parish Nurses Bobbie and Sally will no longer be licensed as of May 1, 2019, and January 2020 respectively. We will still be here to help, but a new RN/LPN leader is definitely needed. An additional RN/LPN would be ideal in order to lighten the load and divide up the duties. We are hoping for new ideas and visions in order to better serve our congregation and our community. Parish Nurse classes are available. There is also room for any nonlicensed persons interested in being a part of this ministry. Please contact Bobbie at 541-312-8039 or Sally at 541-388-1827.

**Falls Prevention:** If you or a loved one is 65 years of age or older these facts and guides may be useful.

<1 in 4 people over 65 experience a fall each year

< falls are the leading cause of injuries in older Americans

< falls are the most common cause of traumatic brain injuries possibly permanently debilitating or fatal

< falls are the most common cause of hip fractures possibly leading to a serious decline in general health

< once someone falls, the fear of falling often further reduces physical activity resulting in a further physical decline, depression, isolation, and feeling of helplessness. Physical risk factors for falls include loss of muscle strength, flexibility, coordination, balance, and foot, leg and hip pain. Physical inactivity compounds these risks. Difficulty getting out of a chair may be the first sign of muscle weakness or balance issues. Widening of gait indicates an



increase in fall risk. Chronic conditions that result in decreased function, inactivity, depression, pain, increase your fall risk, as does use of some medications. Certain prescription and over the counter medications can cause dizziness, lethargy, decreased cognition or dehydration. Poor vision diminishes the ability to see obstacles, hazards, and elevation changes. Behavioral risk factors include doing or not doing activities that decrease or increase the risk of falling, such as climbing a ladder against advisement or failing to use recommended assistive devices.

Environmental risk factors include fall hazards around the home and in the community that can be modified for safety.

Prevention: Maintain strength and balance with activity, especially exercise designed to strengthen the leg, back, and abdomen. Tai Chi and yoga are excellent for balance. Weight-bearing exercise helps maintain bone mass. The community offers classes for strength and balance that are geared to seniors. Check with the Bend Senior Center or St. Charles for offered classes. If unsure about the type of exercise that is right for you, consider consulting your health provider for an evaluation of your fall risk. If you are significantly impaired, physical therapy may be a wise source. Consider the use of walking aids such as canes and walkers and have them fitted to you. Ask your health care provider to review your medications for fall risk and use alcoholic beverages with care as they slow the reflexes or interact with other medications. Take your recommended

doses of vitamin D and Calcium and consider a Dexascan to evaluate the possibility of bone loss. See your vision care provider annually to correct any vision deficits. Consider dispensing with bifocals for distance, outdoor activities, and stairs. Separate reading glasses may be a better choice.

A home safety check can uncover fall hazards in the home. Most accidents take place in the bedroom, bathroom, and kitchen. Remove or repair anything that may cause you to trip such as scatter rugs, uneven flooring, electrical wires in a path, general clutter, and placement of furniture. Install grab bars by the tub, shower, and toilet. Place nonslip mats in tub and shower. Highlight stairs with paint in alternating colors, or paint on the edge of steps and adequate lighting. Install sturdy hand railings on stairs. Place most used items in cabinets that are easily reached, and use sturdy step stools with handrails--not chairs, boxes or pulled out drawers. Install lighting that is bright enough to reduce shadows, install night lights in the bathroom, bedroom, and hallways. Have a light that can be turned on from the bed, and a flashlight by the bed. Train yourself to sit on the bedside a few seconds before standing. Wear low-heeled rubber-soled shoes rather than slippers, socks and bare feet. Use assistive walking devices in the home as well as outdoors when recommended. Install adequate lighting outside your home. Maintain walkways and paths, remove ice and snow. Use appropriate footwear. Consider a medical alert system if appropriate.

There are several web sites to find home safety checklists and fall prevention information. try [www.cdc.gov/steady/patient.html](http://www.cdc.gov/steady/patient.html). Also, you may request a free home safety check and get fall prevention information at [www.bendoregon.gov/.../safety-outreach-for-seniors](http://www.bendoregon.gov/.../safety-outreach-for-seniors)

## children & youth

### KIDZTOWN

by Sara Miller

Our volunteers that serve regularly in Kidztown are AWESOME! They work diligently throughout the school year... wouldn't it be wonderful to offer them an extended break from their duties this summer? I am looking for 12 volunteers who are willing to give 4 hours of their summer to serve the little ones of Foundry Church! Your job is simple – love kids and show them the love of Jesus through fun activities that are themed, planned for you and focused on crafts.



I need 2 people for each team – willing to commit to serving for a month. (This would be great for a husband/wife, a mom and teenager, or two friends!) One week before your month to serve begins, you'll be given a binder with your lesson plans, highlighted activities planned for your class, and you'll even get a tub of supplies each Sunday with everything you need! Imagine the impact that you'll have on these little ones (and our current volunteers!) when you give of your time – only 1 hour per Sunday for just 4 short weeks. If you're able to do this, please contact me at [sara@foundrybend.org](mailto:sara@foundrybend.org).

June - 2/Tiny Tots & 2/Imagineers

July - 2/Tiny Tots & 2/Imagineers

Aug - 2/Tiny Tots & 2/Imagineers

### MIDDLE SCHOOL

by Joy Waybright

We have had a great time with our Middle School Youth this past month. We have and will continue to tackle some sensitive issues and it seems to be going well.

As many of you know, we have had several changes to our Summer plans. First of all our Middle School Retreat will not be in July as previously scheduled. Instead we will be going to Camp Tadmor on June 23-26th. The cost of this trip is \$185.00. I will be sending out a link to register for camp very soon. Be watching your email.

We will still be doing the River float on July 10th. We will also be having Move-Up Monday on Monday, August 26th, with a BBQ to welcome our new incoming Middle Schoolers at 6pm. Family Camp will be on August 9-11th.

We will be doing various other activities throughout the Summer as well and would love for our parents to host an event at your home or park. If you are interested in hosting an event, please contact Joy or Trevor, 541-



### HIGH SCHOOL

by Mark Sue

This month in High School ministry has been a fun one.

As we've settled into our Sunday afternoon schedule, we've been able to stabilize our group attendance and have some real fun together. There's something about meeting consistently that really helps a community come together.

And that's what we're focusing on right now, building community. I'm of the conviction that no amount of teaching or behavior modification is sufficient for a young Christian to succeed in this world. Those things must be wrapped in a healthy, love-centered relationship with other believers and must be grounded in a loving, trust-oriented relationship with Jesus Christ.



So that's how our high school time together is structured. Yes, we do find opportunities to open the Bible and talk about how it relates to life. But most of our time is spent playing and enjoying life together, talking with each other, and learning how to respect and care for each other.

We very much need more people involved in the ministry. If you would like to spend some time having fun with and getting to know our high schoolers, I would love to talk to you to figure out the best way to make that happen. Until then, we appreciate your prayers and support.

In Him,  
Mark

March Financial Report  
As of February 28, 2019  
*Foundry Church fiscal budget for the  
year ending 6/30/2019 is \$564,000.00*



foundry church

Budgeted Giving	\$382,715
Actual Giving	\$481,942
<b>Giving Over Budget</b>	<b>\$99,227</b>
Budgeted Spending	\$382,715
Actual Spending	\$347,465
<b>Spending Under Budget</b>	<b>\$35,250</b>

PROPERTY

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Place  
Stamp  
Here

CONNECTGROWSERVE